


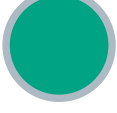







Baaritaanka aortic aneurysm (AAA) ee caloosha

Hage **sahlan oo kusaabsan** baaritaanka caafimaadka ragga da'doodu tahay 65 ama ka weyn



Nuxurka: waa maxay boggan waxa ku jira buug-yaraha

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Doorashadaada



Buug-yarahani wuxuu kuu sheegayaa wax ku saabsan lacag-la'aan
Baaritaanka NHS waa inaad hubisaa haddii waxaad qabtaa dhibaato caafimaad oo loo yaqaan an
Aneurysm aortic caloosha ama AAA.
Baaritaanka waxaa loo yaqaan baaritaanka AAA. Waxaa
waxaa loogu talagalay ragga da'doodu tahay 65 ama ka weyn.
Tijaabadu waa sahlan tahay oo adiga ayaa helaya
natiijada isla maalintaas.



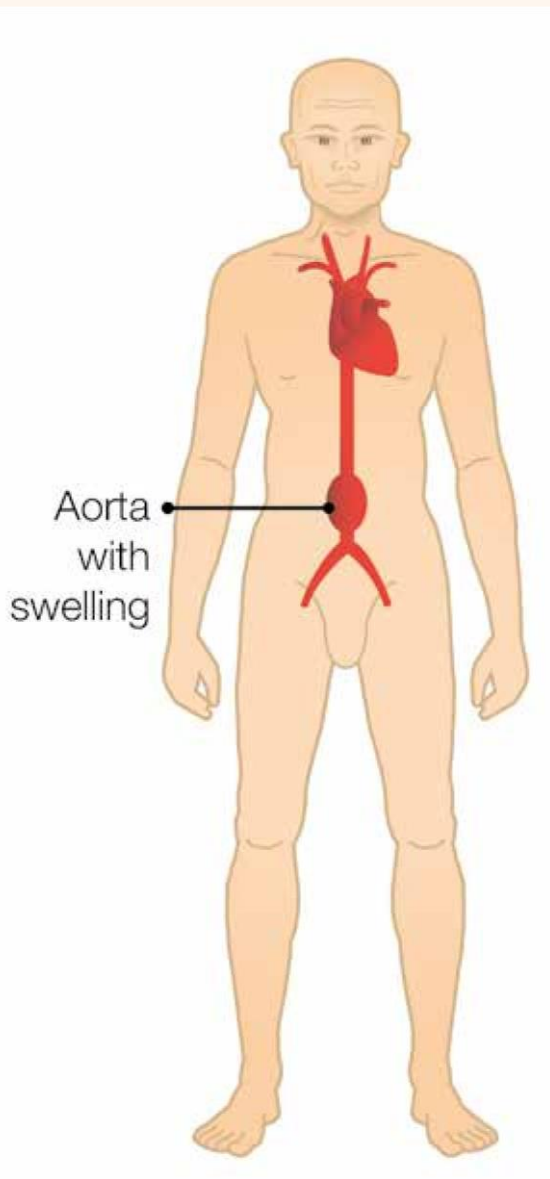
Waad dooran kartaa haddii aad rabto inaad haysato
imtixaanka iyo in kale.



Haddii aad walwalsan tahay,
waad la hadli kartaa
GP-gaaga.
Waxay kaa caawin karaan inaad go'aansato.



Aortic caloosha aneurysms

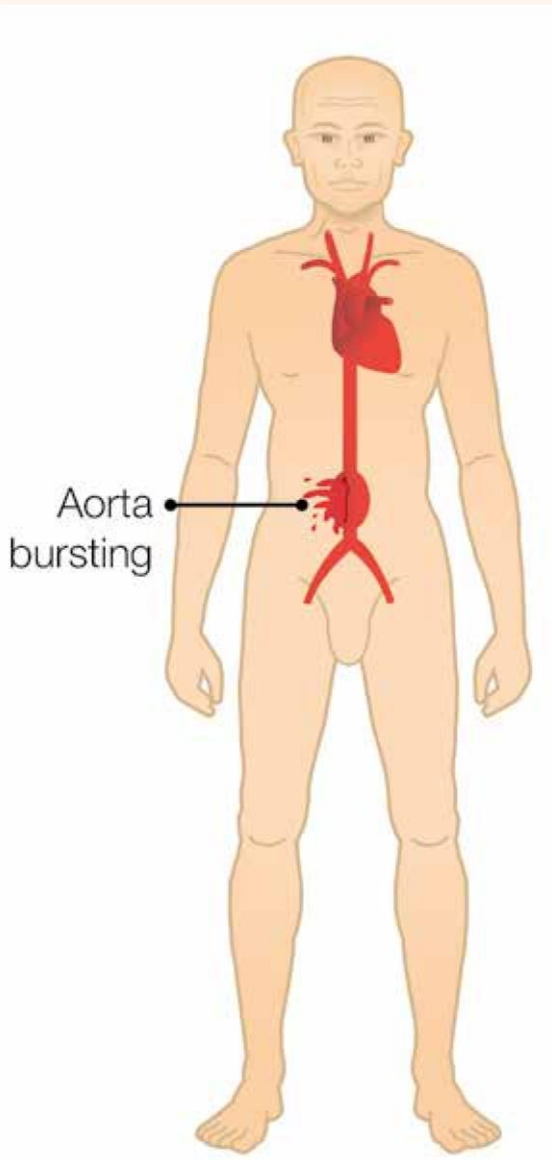


Aorta waa xidid weyn oo dhiig ah
Taas oo dhiigga ka qaada
wadnahaaga
jirkaaga ku wareegsan.
Marka dadka qaar ay sii
weynaadaan, waxaa
Aorta way daciifi kartaa oo barari
kartaa.
Tani waa aortic caloosha
Aneurysm ama AAA.



Aneurysm yar ama dhexdhexaad maaha khatar ah. Laakiin waa muhiim in

sii hubi haddii aneurysmku yahay sii weynaanaya.



Aortic caloosha oo weyn aneurysms waxay noqon kartaa mid aad u daran.

Haddii gidaarka halbowlaha uu helo

aad u daciif ah wuu qarxi karaa. Haddii tani

dhacaya, markaas qofka sida caadiga ah dhinta.



Ragga ayaa 6 jeer uga dhow inay yeeshaan AAA ka badan dumarka.



Taasi waa sababta aan ragga kaliya ugu yeedhno



baaritaanka.



Fursada aad ku yeelan karto AAA waa

badan haddii aad sigaar cabto.



Fursada aad ku yeelan karto AAA waa

waa badan tahay haddii aad leedahay dhiig sare cadaadis.



Fursada aad ku yeelan karto AAA waa

ka sii badan haddii walaalkaa, walaashaa, hooyadaa

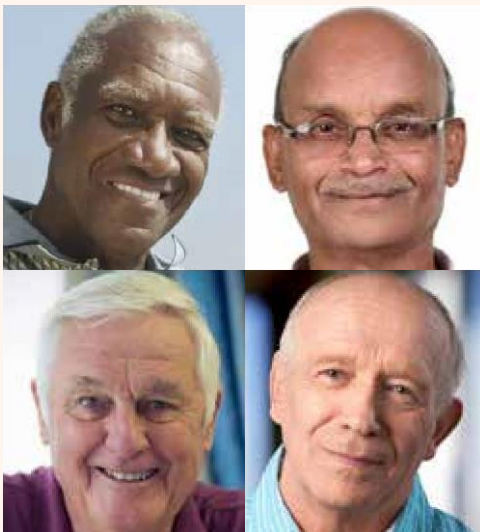
ama aabbuhu wuxuu lahaa AAA.



Ku saabsan imtixaanka



Caadi ahaan ma sheegi kartid haddii aad leedahay iyo AAA. Inta badan ma dareemi doontid xanuun ama dareemo wax ka duwan. Baaritaanka wuxuu helaa aneurysms hore sidaas darteed Waan sii wadi karnaa hubinta iyaga ama daweyn karnaa iyaga haddii aan u baahanahay. Hubinta waxay naga caawinaysaa inaan hubinno aneurysmku kuma siin doono halis dhibaatooyinka mustaqbalka.



Ragga da'doodu tahay 65 iyo ka weyn ayaa ugu badan waxay u badan tahay in la helo AAA Sidaa darteed ayaanu niman ugu yeedhnay inay yimaadaan imtixaan sanadka ay noqonayaan 65.



Imtixaanku waa hab aad u wanaagsan oo lagu helo

goor hore ka bax haddii aad qabtid aneurysm.

Tani waxay badbaadin kartaa noloshaada.



Waxaan isticmaalnaa tijaabo fudud oo la yiraahdo sawirka ultrasound. Caadi ahaan wax yar ayay qaadataa in ka badan 10 daqiiqo. Wax dhib ah ma leh.

Waxaa laga yaabaa inaad ku caawiso inaad keento a saaxiib ama daryeele kula jooga. haddii aad u baahan tahay caawimo ka bixida a kursiga curyaanka oo saaran sariir loogu talagalay imtixaan.



Imtixaanka ka hor waanu ku siin doonaa

macluumaadka oo waxaad weydiin kartaa mid kasta su'aalo.

Waxaan sidoo kale ku weydiin doonaa inaan hayno macluumaadkaaga nidaamka kombayutarka.

Imtixaanka waxaad u baahan tahay inaad awoodo

Sariir ku jiifso oo kor u qaad ama shaadhkaaga fur. Uma baahnid qaawin

Waxa aanu calooshaada dul saarnay jelly qabow.



Waxaan ku dul maraynaa sawir qaade yar maqaarka.

Tani waxay ina tusinaysaa aorta shaashadda oo aan awoodno sawirkaaga cabbir.



Waxaan kuu sheegi doonaa natiijadaada si toos ah

Ka fogow oo sidoo kale u sheeg dhakhtarkaaga.





Natiijooyinka tijaabada



Waxaa jira 4 natiijo oo suurtagal ah laga yaabaa in laga helo tijaabada:

Aneurysm lama helin

Aneurysm yar

Aneurysm dhexdhexaad ah

Aneurysm weyn



Aneurysm lama helin



Natiijo 'aan la helin aneurysm' macneheedu waxa weeye ma lihid aneurysms.

Inta badan ragga ayaa leh natijadan. Uma baahnid wax daaweyn ah ama jeeg gadaale.



Aneurysm yar



Haddii aan helno aneurysm yar waxay la macno tahay in halbowlahaagu uu ka yara ballaadhan yahay celcelis ahaan.

Uma baahnid wax daaweyn ah ama Laakin waa muhiim inaad sii wadato hubinta Haddii ay dhacdo in aneurysm-kaagu uu weynaado.

Haddii aad leedahay aneurysm yar waanu sameynaa ku weydiiyo inaad u soo noqoto mid tijaabo ah sanad kadib.



Waxaan sidoo kale ku siin doonaa talo waxa aad samayn karto si aad u joojiso aneurysm oo sii weynaada.

Waxaa laga yaabaa in dhakhtarkaagu ku siiyo kaniiniyo ama beddel daawooyinka aad hore u qaadatay.



Waxa kale oo laga yaabaa inay hubiyaan dhiiggaaga cadaadis.

Rag badan oo qaba aneurysm yar waligaa uma baahna wax daaweyn ah.



Aneurysm dhexdhexaad ah



Haddii aan helno aneurysm dhexdhexaad ah macneheedu waxa weeye in xididada xididadaada ay ka balaadhan tahay celcelis ahaan.

Uma baahnid wax daaweyn ah ama Laakin

waa muhiim inaad sii wadato hubinta Haddii ay dhacdo in aneurysm-kaagu uu weynaado.

Haddii aad qabto aneurysm dhexdhexaad ah annagu waxay ku weydiin doonaan inaad u soo noqoto imtixaannada 3dii biloodba mar.



Waxaan sidoo kale ku siin doonaa talo waxa aad samayn karto si aad u joojiso

aneurysm oo sii weynaada.

Waxaa laga yaabaa in dhakhtarkaagu ku siiyo kaniiniyo ama beddel daawooyinka aad hore u qaadatay.



Waxa kale oo laga yaabaa inay hubiyaan dhiiggaaga cadaadis.



Aneurysm weyn

Haddii aan helno aneurysm yar waxay la macno tahay in halbowlahaagu uu aad uga ballaadhan yahay celcelis ahaan.



Rag aad u yar ayaa leh wax wayn aneurysms. Haddii aad qabto aneurysm weyn annagu ayaa kuu diyaarin doona inaad hesho wax badan baaritaanno iyo in lala hadlo dhakhtarka isbitaalka ku saabsan daaweynta.



Daawadu waxay caadi ahaan noqon doontaa a hawlgaal
Daaweynta aneurysms weyn inta badan waxay joojisaa dhibaataada. Laakiin halkaas waa khataraha qaar ee cisbitaalka dhakhtarka ayaa kuu sheegi doona.

macluumaad.



Waxaad wici kartaa xarunta baaritaanka deegaankaaga adigoo isticmaalaya lambarka warqadda aan kuu soo dirnay.



Waxaad booqan kartaa shabakada NHS.UK oo ah www.nhs.uk/aaa.



Waxaad sidoo kale la hadli kartaa dhakhtarkaaga.

Markii ugu horreysay ee la daabacay: bisha 2017© Xuquuqda daabacaadda Crown 2020

Waxaad dib u isticmaali kartaa macluumaadkan (marka laga reebo calaamadaha) si lacag la'aan ah qaab kasta ama dhexdhexaad, iyadoo la raacayo shuruudaha shatiga dawladda furan v3.0. Si aad u aragto shatigan, booqo **OGL**. Meesha aan ku aqoonsannay cid saddexaad oo macluumaad xuquuqda daabacan ah waxaad u baahan doontaa inaad ogolaansho ka hesho kuwa haysta xuquuqda daabacaada ee ay khusayso.

Lahaanshaha sawirka: Photosymbols (bogagga 3, 8, 11, 12, 13); Bogga 3: Ruslan Guzov/Shutterstock, Sawirrada Ganacsiga Daanyeer/ Shutterstock; Bogga 6: Tribalium/Shutterstock, Kurhan/Shutterstock, William Perugini/Shutterstock; Bogga 7: sirtravelalot/Shutterstock, Dipak Shelare/Shutterstock, By wavebreakmedia/Shutterstock, Bilyan Sawiro/Shutterstock; Bogga 8: Malyugin/Shutterstock, Icons Line by freebird/Shutterstock; Bogga 12: thodonal88/Shutterstock, Bogga 14: Olena Yakobchuk/Shutterstock, Sawirrada Ganacsiga Daanyeer / Shutterstock; aan xun/Shutterstock, RedKoala/Shutterstock

PHE nambarka albaabka laga galo daabacadaha: 2017194



Ka hel sida Caafimaadka Dadweynaha England iyo NHS-ta u isticmaalaan oo u ilaaliyaan macluumaadkaaga baadhista www.gov.uk/phe/screening-data.

Si aad uga baxdo baadhista, eeg www.gov.uk/phe/screening-opt-out.

Caafimaadka Dadweynaha England (PHE) ayaa u samaysay warqad-yarahaan iyagoo ka wakiil ah NHS

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