

## Welcome to your NHS Community Pharmacist Consultation

You have been given a booked consultation to see a pharmacist today at your local pharmacy.

The pharmacist already has your details and will be expecting you. So please tell the counter staff when you arrive.

### What is an NHS Community Pharmacist Consultation?

- It's a consultation with a fully qualified pharmacist at a local pharmacy.
- It involves a clinical assessment and conversation with the pharmacist. This will be in the privacy of a consultation room.

### How can the pharmacist help?

- The pharmacist has the right clinical training to assess you and recommend the best treatment for some common conditions.
- If your symptoms suggest it's more serious, the pharmacist will discuss your treatment with your GP and help you to get an urgent GP appointment if needed.
- If you don't need any treatment the pharmacist will be able to provide reassurance. For instance, a minor illness may get better on its own.
- To help with symptoms, the pharmacist may offer to sell you an over-the-counter medicine.

### What happens next?

- The pharmacist will make a record of the outcome and send it to your GP.

### What training does the pharmacist have?

- Every pharmacist is trained for five years in the use of medicines, managing minor illnesses and providing health and wellbeing advice, so they are the right person to see.

**If you have any questions, please speak to the local pharmacy team.**