



# Charlotte Keel MEDICAL PRACTICE

Charlotte Keel Medical Practice | Seymour Road | Bristol | BS5 0UA

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## Welcome to Charlotte Keel's Patient Newsletter

### It's that time of year - Flu Season is Here!

We are pleased to announce the start of our flu vaccination campaign in September. There will be flu clinics available here **during October** and into **November**.

**Please wait until you have been invited before you book your appointment.** We will be sending texts out in the upcoming weeks ahead to those who are clinically vulnerable and eligible for the vaccination first.

### Why it's even more important to get a Flu Jab?

The COVID 19 pandemic has put a lot of additional stress on the NHS which is still felt across the nation's hospitals & GP surgeries (primary care).

Flu can be serious and each year thousands of people are admitted to hospital with severe forms of this common illness, which may be prevented by having the flu vaccine. So to help prevent hospitals becoming overstretched with preventable admissions, we are encouraging patients to have a flu jab, so we have extended our flu vaccination campaign from last year to now include: All 50 year olds, school aged children from 4 to 16, patients aged 6 months- 50 years with underlying health conditions.

### SO WHO IS ELIGIBLE FOR A VACCINE WITH US?

#### CLINICALLY VULNERABLE CHILDREN

- All clinically vulnerable children aged 6mth-18yrs – **will be invited by the practice to have their vaccine**

#### ALL OTHER SCHOOL AGED CHILDREN

- All other school aged children from age 4 - 16 (including children who turned 16yrs by 31<sup>st</sup> August 2021) – **will be given the vaccine at their school by Sirona Healthcare.**

#### INTRAMUSCULAR INACTIVATED FLU (Porcine Gelatine Content):

Sirona will also be offering the intramuscular inactivated flu vaccine to any children who decline the Fluenz (nasal spray) vaccine due to its porcine gelatine content – This will be offered to children over the next few months in a 'catch-up' along with any other children that missed the vaccine or who are home schooled. If you have any questions please contact Sirona (below).

**FLU HELP & FURTHER INFORMATION** – regarding aged school children  
**Contact Sirona School Immunisation Team queries:** [sirona.sch-imms@nhs.net](mailto:sirona.sch-imms@nhs.net).  
Contact no **01454 863 764** or **01275 373 104** if you have any queries.

**FOR FLU VACCINES HELP, please see next page**

### Helpful Numbers

**NHS111**

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**Covid Queries  
NHS119**



## Welcome to Charlotte Keel's Patient Newsletter ....continued

### It's that time of year - Flu Season is Here.. Again!

#### ELIGIBLE ADULTS (for a vaccine here at the practice)

- Adults aged 50yrs and over
- Pregnant Women
- Carers (who are officially recognised as carers)
- Patients who live with or care for Immuno-compromised individuals
- Patients in 'long-stay' residential care homes

#### FRONTLINE HEALTHCARE EMPLOYEES

All frontline health and social care workers are expected to have the flu vaccine to protect those they care for.

Frontline Health & Social Care staff, who are employed by:

- A registered 'domiciliary' care provider
- A registered residential care or nursing home
- A voluntary managed hospice provider

#### ALL OTHER PATIENTS

Other Patients who are not eligible for a flu vaccine here, but would like one, may be able to get a flu vaccine privately from participating local pharmacies – please check with your pharmacy over the upcoming weeks for advice.

#### FOR MORE INFORMATION:

[Flu vaccine - NHS \(www.nhs.uk\)](http://www.nhs.uk)



**AVAILABLE FLU VACCINE APPOINTMENTS** are bookable via the **\*NHS app** or via **\*Patient Access app** - These apps may require you to register to use the service.



You may click on the logos or blue text above which should take you to the registration pages for these apps.

### NATIONAL BLOOD BOTTLE SHORTAGE



Like other GP practices around the country, we are still affected by the national shortage of blood bottles, this means that in order to protect patients with the greatest clinical need, we sometimes have to make decisions to temporarily delay routine and non-urgent blood tests in line with national guidance.

You may've found that some blood test appointments were cancelled, however the situation is slowly starting to improve, and we will make up for the cancellations in due course.

**Please be kind to our staff  
we are all working as hard as we can to  
help you**

During the ongoing pandemic we are doing our best to help you all, and often with very limited resources.

**Your continued support is really  
appreciated during these difficult times ☺**

## BABY NEWS

We are delighted to announce that Dr Wynter-Bee & her wife have welcomed a beautiful and healthy baby boy.



**CONGRATULATIONS!**



### The Green Nugget

The climate emergency is also a health emergency, we are working hard at Charlotte Keel to reduce our carbon footprint. We are using the **Green Impact for Health toolkit** to try and make the surgery as environmentally friendly as possible. Fortunately, many of the solutions to help tackle the climate crisis are also great for health. Each newsletter we will include a 'green nugget' to highlight some of the work we are doing in this area and how it is relevant to our patients.